



NAVAJYOTHI
COLLEGE CHERUPUZHA
AFFILIATED TO KANNUR UNIVERSITY



LAKSHYA WOMEN CELL
ANNUAL REPORT 2021 - 22

VIRTUAL WEBINAR ON
SUCIDE CIRCUMSTANCES AND RESISTANCE
REPORT

In observance of World Suicide Prevention Day Women cell of Navajyothi College Cherupuzha organized a webinar on 4th September 2021 on the topic “Suicide Circumstances and Resistance”.

The programme started at 10 AM through Google Meet Platform, students and staff from various departments have been there and Ms. Jinumol Joseph Chairperson Women cell Navajyothi College, welcomed the gathering, Principal Dr. Aravindhana M presided over the meeting and Rev. Dr. John Kochupuraykal CST Manager Navajyothi College, Rev. Fr. Sijoy Paul CST College director and Mrs. Shruthi US Chairperson Gender Justice Forum- Navajyothi College facilitated after that the key resource person of the day Dr. Udayakala C Writer, Academician and HOD Department of Malayalam of All Saint’s College, Thiruvananthapuram handled the session with her key note address. She shared some of her experiences and mentioned some case studies related with the topic. After that an interactive session with the students also happened. The programme ends at 1 PM with the vote of thanks of Ms. Athulya Antony Assistant professor and staff member of women cell Navajyothi college Cherupuzha.



CAKE CONFECTION TRAINING

REPORT

On 30th September 2021 Women Cell of Navajyothi College Cherupuzha organized a “Cake Confection Training Programme” for girl students with the objective of moulding them as entrepreneurs and self-sufficient.

The programme started at 11 AM in the seminar hall with prayer song and Ms. Stephina Thomas Student representative of women cell addressed the gathering with her welcome note and Dr. Aravindhan M Principal Navajyothi College inaugurated the session and Rev. Dr. John Kochupurayil CST, Manager Navajyothi College, Rev. Fr. Sijoy Paul CST, Director Navajyothi College and Mrs. Simna Simon IQAC Co-Ordinator delivered felicitation notes. After that Ms. Kunjumol Johny, Cake confection Trainer explains about the components and methods of cake making its local business prospects etc. to students and she also prepare and demonstrate a cake for the students and clarify their queries. After that Ms. Sudhina A Women cell representative delivered the vote of thanks and the programme ended at 1.30 PM.



AN AWARENESS PROGRAMME ON LEGAL RIGHTS OF WOMEN

REPORT

On 3rd December 2021 LAKSHYA Women Cell of Navajyothi College Cherupuzha organized An awareness Programme on Legal Rights Of Women. Dont Raise Your Voice Improve Your Arguments Was the moto of the Programme. The programme begins at 2 P.M in the seminar hall with prayer song, Ms. Smrithi T V women cell convenor address the gathering with her welcome note and Fr.Sijoy Paul Director ,Navajyothi College presided over the session, Fr. Jhon Kochupurakal College Manager inaugurated the programme and Mrs. Sreeja Puthiyapurayil HOD Department Of Economics delivered falcitation notes. . The programme was a grand success and almost 150 students were participated in the event Mr. Joseph Mutholi Former Govt.Pleader ,Kasargod detailed about the Legal Rights of the Women . The audience was made aware of the problems faced by the women and its legal protection.The programme was ended with vote of thanks by Ms Nadana Women cell Student Member.

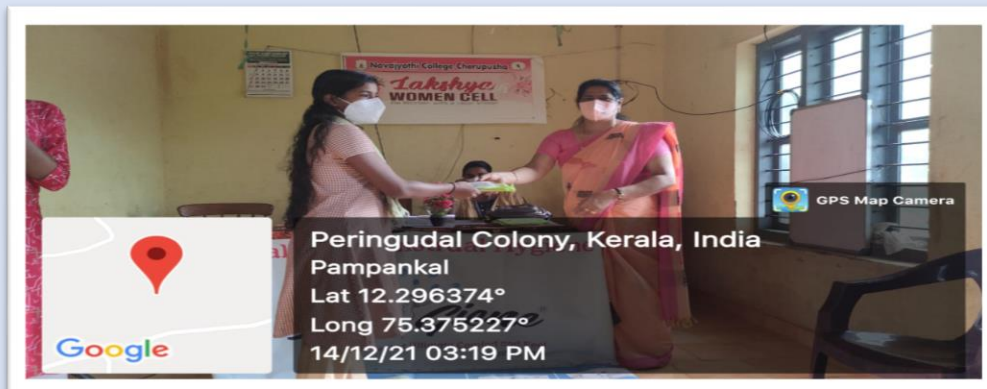


AN AWARENESS PROGRAMME ON MENSTRUAL HYGIENE

REPORT

Lakshya women cell of Navajyothi college in association with Zion Trading Company Organised Hygenia 2k21 an Awareness Programme on Menstrual Hygiene on 14th December 2021at 2 p.m in Peringudal Colony Cherupuzha. The programme was started with an official

meeting. In that occasion Mrs Smrithi T V convenor of Lakshya women cell delivered the welcome note. Fr. Sijoy Paul, Director Navajyothi college Cherupuzha presided over the meeting. Principal Dr. Aravindhnan M inaugurated the function. Zion Trading Co. Proprietor Mrs. Jessy Sudheer convey her felicitations in that occasion. Mrs. Syra Junior public health nurse PHC Pulingom led the awareness programme and it was so simple and easy to understandable for the colony members. After that there is an interactive session with the colony members, in that they cleared their doubts and shared the problems they met during their menstrual days. The colony members are very happy and satisfied with the awareness session. The programme ends up with the vote of thanks of Ms. Anupama student representative of Lakshya. After that sanitary Napkins are distributed among colony members and students.



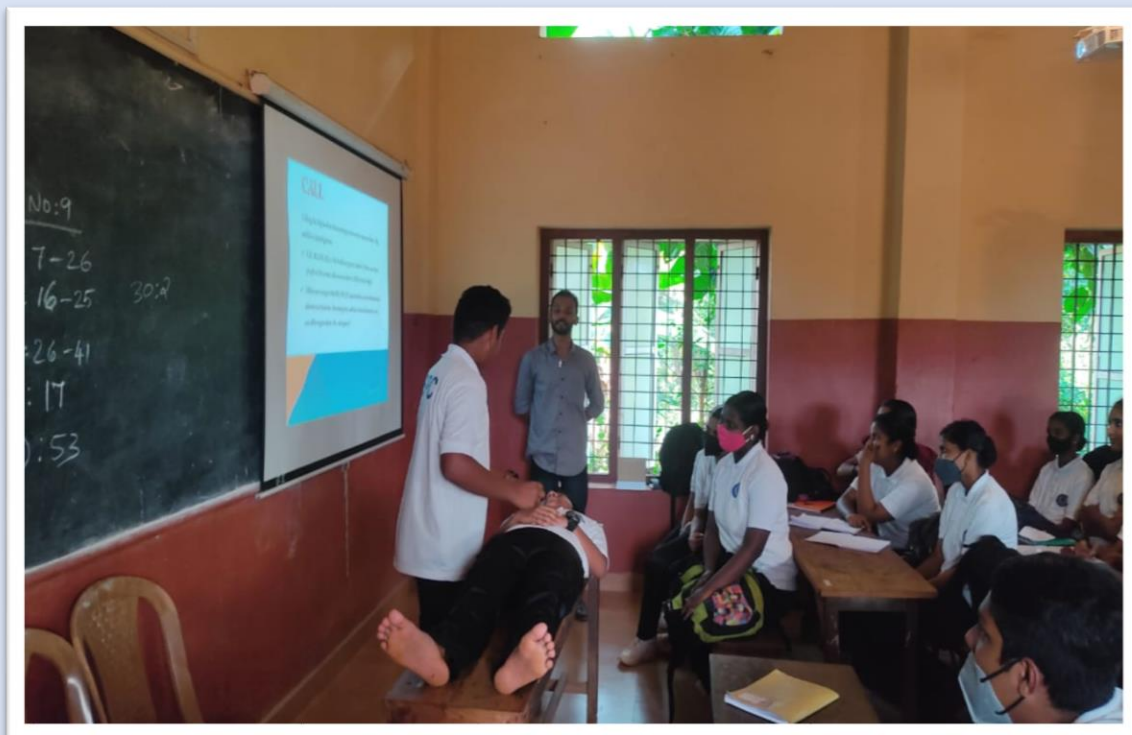
Awareness Programme on Menstrual Hygiene on 14/12/2021

A TRAINING PROGRAMME ON FIRST AID AND CPR

REPORT

LAKSHYA Women Cell of Navajyothi College has been organised A training programme on first aid and CPR at St. Mary's High School Kakkayamchal on 27/12/2021 at the smart class room .Training has been provided to St. Mary's High School's Student Police Cadet Team. Mr. Justin Mathew St. Mary's High School Head Master inaugurated the training programme at 2.30 p.m. The session on first aid and CPR were facilitated by Mr.Stenil George, Best NSS Programme officer, Kannur University.

The training focused on aim of First Aid, how to perform CPR, type of Bandages, wound care, how to manage every day minor accident and learn how to treat unconscious and breathing casualty and manage minor cuts, bleeding and burns.85 SPC students benefited by this training. Training end at 4.30 pm.



DEBATE COMPETITION PROGRAMME REPORT

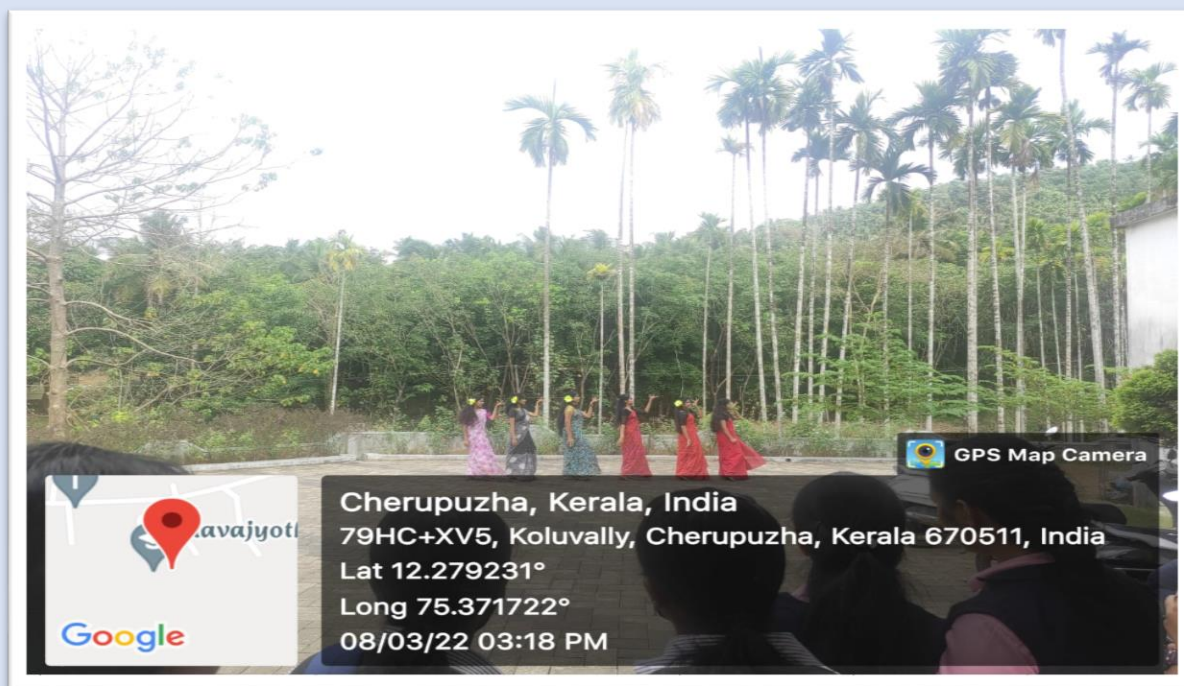
Lakshya Women Cell of NavaJyothi College successfully conducted a debate competition on “**Dowry System**” in association with Kannur District Women and Child Development Corporation on 02nd March, 2022 for the students of the college. The competition was judged by Mr.Vinod Kumar P, Mr.Chandrasekharan, Ms.Sruthi A P, faculty members of Gurudev Arts and Science College, mathil. Mrs.Ayesha Beegum and Ms.Anusree of Mahila Sakthi Kendra organised the event. Mr.Muhammed Salih P (Asst. Professor Sree Sankaracharya College) moderated the debate. The programme was presided by the Principal of NavaJyothi College, Dr.Aravindan M. Fr.Sijoy Paul, Director of Navajyothi College delivered the key note address. It was a very informative and knowledge enriching competition for the participants. A total of 10 students participated in the programme. The best team was awarded Rs.2500 and Ms.Sruthimol P B was selected as the best debater. The best team also got selected to participate in the District Level competition. The programme was coordinated by the Women Cell members. All the faculty members, non-faculty staff members and students worked efficiently to make the seminar a grand success. The seminar was concluded with the vote of thanks given by the Women Cell Student Member, Ms.Anupama Jose.



Debate Competition in Progress - 02/03/2022

REPORT ON WOMEN'S DAY CELEBRATION

As the part of International women's day, LAKSHYA women cell of Navajyothi College celebrated women's week from 3rd March to 9th March. For celebrating women's week LAKSHYA selected famous women leaders on each day as "women of the day " and spend time for their remembrance. We chose Mother Teresa ,Kalpana Chawla , Kiran Bedi, Malala Yousafzai , Harnaaz Kaur Sandhu for remembrance. Women's week was celebrated to show the achievements of women's in various field and also to express our respect, appreciation and love towards the most powerful gender. Finally on the occasion of women's day, March 8th Lakshya concluded women's day celebration with a flash mob which emphasis the role of women in the society.



Flash Mob by Women Cell Members on 08/03/2022

REPORT ON NAVAJYOTHI WOMEN PURASKAR 2022

Navajyothi Women Puraskar is intended to promote gender equity and women empowerment. This award was established to honour and appreciate the woman who made notable achievements and contributions in the society, especially from Navajyothi College. The award was established in the year 2018. The award will be declared on 8th March of every year. The award will be given away on an appropriate day declared in advance.

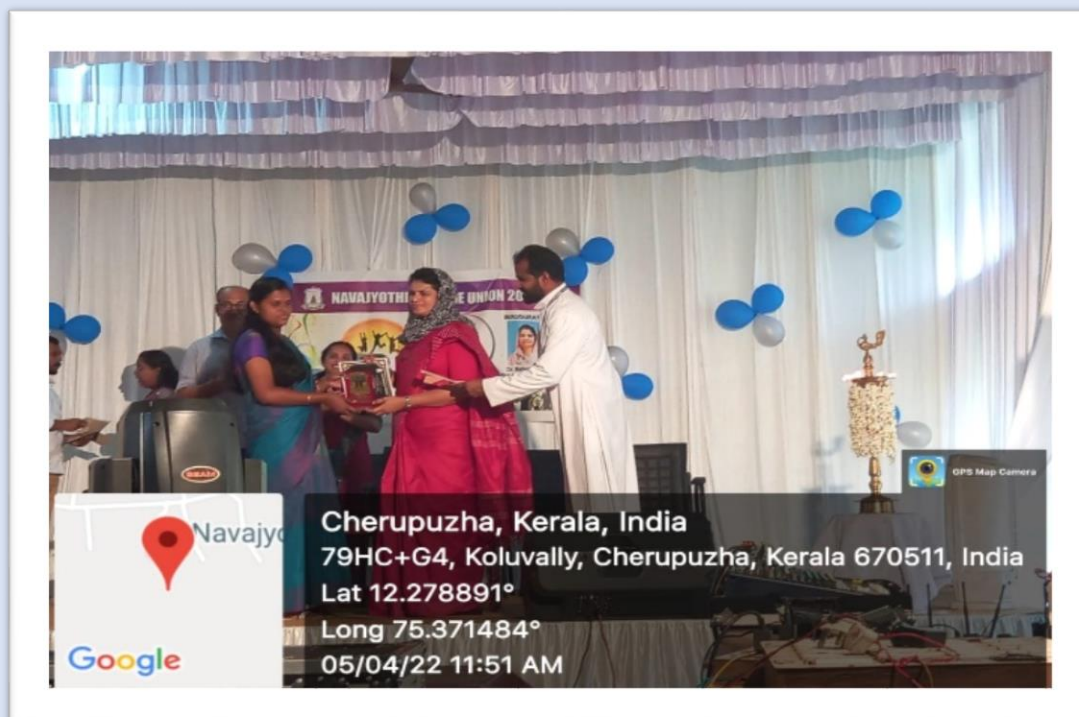
Objectives:

1. To recognize and encourage women from the immediate environment reflected as the model for others
2. To honour the women rendering commendable and distinguished service to the society and in the college.

On 08/03/2022 LAKSHYA Women cell of Navajyothi College proudly declared Navajyothi Women Puraskar 2022 to

- **Ms Sruthimol P B** Rs 2000 for her academic and non academic achievements and contributions in the society especially from the Navajyothi College.

- **Mrs Mahima Boban** Assistant Professor PG Department Of Commerce Rs.3000 for her notable achievements in career and contributions in the society especially from the Navajyothi College



Ms Sruthimol P B and Mrs Mahima Boban receiving Memento and Cash award from DSS, Kannur University on 05/04/2022 on the occasion of College Day

ACHIEVEMENTS

Women and Development Corporation organised a district level debate competition to College level winners on 04/02/2022 at Kannur Sports council Hall . Winners of the Navajyothi College Participated in this Programme and won third place. Ms Sruthimol P B , Women cell member selected as district level best debater.



Ms Sruthimol P B receiving Cash Award from Kannur District Collector Mr. S Chandrasekaran IAS.