



LAKSHYA

Women Cell

ANNUAL

REPORT

Be a Women with Clear Vision

Introduction

The Lakshya Women Cell of Navajyothi aims to make women aware of their rights and duties. It also provides a platform for women to share their experiences/views about gender inequalities and social status and suggest ways to empower themselves. The objective of the Women Cell is to enrich and uplift women students intellectually. At the same time, this cell also promotes events supporting women empowerment. The policies and programme structure of the women cell at Navajyothi College are prepared in reference with the Kerala State Women Development Cooperation Ltd., under the government of Kerala.

Objectives of Women Cell

- To encourage greater participation and to develop responsible and value-oriented leadership in women students.
- To enhance the self-esteem and self-confidence among women students, faculty and staff in the college.
- To provide training for women so that they become empowered in their young Age, thereby making them self-sustainable in society.
- To promote intellectual and cultural activities for the overall personality development students.
- To equip the students to the maximum for the betterment of society.



WOMEN CELL COMMITTEE MEMBERS

FACUTY MEMBERS

Smrithi T V



Sruthi P V



Aswathi Babu



STUDENT MEMBERS

CULTURAL WING REPRESENTATIVE

Anjana Mathew



Athira Raju



TRAINING WING REPRESENTATIVE

Sneha C



Soorya Shanker



COMMUNITY WING REPRESENTATIVE

Adhithya Jagadeesh



Rinchu Vijay



I. TRAINING WING

1.ACADEMIC/PERFORMANCE SUCCESS PROGRAMME

Workshop- Role of emotional intelligence to drive success

On November 13, 2024, the Lakshya Women Cell held a session titled "Emotional Intelligence to Drive Success," inaugurated by Principal Dr. K.K. Somasekharan. Motivational trainer Tijo Punnattu addressed key aspects of emotional intelligence, including self-awareness, empathy, and effective communication. The interactive format encouraged participant engagement through discussions and personal experiences.



2. SOCIAL BELONGING OR SOCIAL ENGAGEMENT PROGRAMME

Menstrual Cup -Awareness Programme

The Lakshya Women Cell hosted an awareness program on menstrual cups on July 23, 2024, at 2:15 PM in the Audio-Visual Room. Led by Mrs. Smrithi T.V., the session educated attendees about the benefits, proper use, and environmental advantages of menstrual cups compared to traditional products. It addressed common myths and encouraged questions, aiming to empower participants to make informed choices about their menstrual health and reduce stigma around menstruation, in line with the Women Cell's mission for menstrual equity.



3.GENDER AWARENESS

An Awareness Programme on Gender Sensitization

On August 22, 2024, the Lakshya Women's Cell and the Kannur District Women and Child Development Office organized a Gender Sensitization Awareness Programme at the Seminar Hall, inaugurated by Dr. K.K. Somasekharan, the College Principal. Smrithi T.V. welcomed attendees and introduced the topic. Shijith Karuvakkode delivered the keynote address on the importance of gender sensitization. The event included active discussions, and Mr. Arun was recognized for his support



A session on Positive Parenting at Kallamkode Anganvadi

On November 1, the Lakshya Women Cell organized an awareness program on positive parenting at Kallamkode Anganwadi. The event began with a welcome from Miss Rahima, the Anganwadi teacher, followed by a presidential address from Mrs. Smrithi T.V., who highlighted the importance of community support in raising children. Keynote speaker Sister Sajeewa from St. Joseph Hospital shared effective parenting strategies, focusing on emotional support, communication, and nurturing environments. The program concluded with a vote of thanks from Anjana Manoj, who acknowledged the participants and the program's positive impact



International Men's Day Celebration

The Lakshya Women Cell celebrated International Men's Day on November 19, 2024, at 11:45 AM in the Audio-Visual Room. Smrithi T.V., Women Cell Coordinator, welcomed attendees and highlighted the day's significance in promoting gender equality. The event was inaugurated by Simna Saimon, IQAC Coordinator, who emphasized the importance of collaboration for an inclusive college environment. Thirteen male staff members were recognized for their contributions, receiving gifts, while sweets were distributed to all participants, enhancing the festive atmosphere. The celebration effectively promoted awareness of gender equality and commitment to respect and inclusivity within the college community.



Participated in debate competition

On March 4th Ajay Joseph from first year BCom and Rosna EGS from second year BBA participated in debate competition conducted by women and child development office Kannur.



Navajyothi Women Puraskar

Navajyothi Women Puraskar is intended to promote gender equity and women empowerment. This award is established to honour and appreciate the woman who made notable achievements and contributions in the society, especially from Navajyothi College. The award is established in the year 2018. The award will be declared on 8th March of every year. The award will be given away on an appropriate day declared in advance.

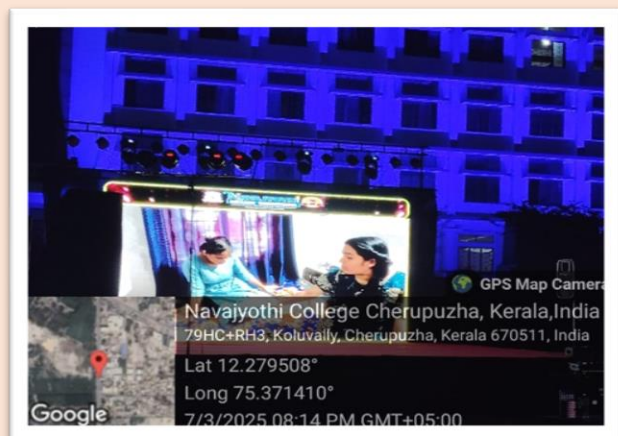
On 7th March 2025, the Women Puraskar for faculty was awarded to Mrs. Mahima Boban, Assistant Professor from the P.G. Department of Commerce, and student was awarded to Vaisali Raveendran from BA Economics, along with a cash prize of Rs. 3000 and a memento



Documentary and Magazine Release

On March 7, 2025, the Lakshya Women Cell held two significant events: the premiere of the inspiring documentary "Sapna," which follows a young girl's journey to become a champion swimmer, and the release of "Chindanam," a manuscript magazine featuring writings from women on campus.

The program highlighted the importance of women's literature and empowered female writers. Contributors shared their works, captivating the audience with heartfelt readings. A discussion panel with local authors and activists addressed the challenges faced by women writers, fostering dialogue and community. Both events celebrated empowerment, storytelling, and the resilience of women.



Debate Competition

On March 6, 2025, the PG Department of Commerce and the Lakshya Women Cell hosted a debate competition at 1:30 PM in the Audio-Visual Room, focusing on the topic "മാറ്റങ്ങൾ യുവതയിൽ നിന്ന്" (Changes in Women). With prizes of ₹300 for first place and ₹200 for second, the event encouraged active participation and critical thinking. Five teams engaged in meaningful discussions about the evolving roles and challenges faced by women, fostering dialogue on women's empowerment and the importance of promoting gender equality in society.



II. B CULTURAL WING

WOMEN'S DAY CELEBRATION

The Lakshya Women Cell organized a week-long celebration in honour of Women's Day from March 3 to March 8, 2025. This initiative aimed to highlight the invaluable contributions of women and foster discussions on gender equality within the campus community.

The series of events were met with enthusiasm and participation, effectively raising awareness and support for women's issues. By honouring women's achievements, the activities encouraged meaningful conversations about empowerment and the importance of gender equality.

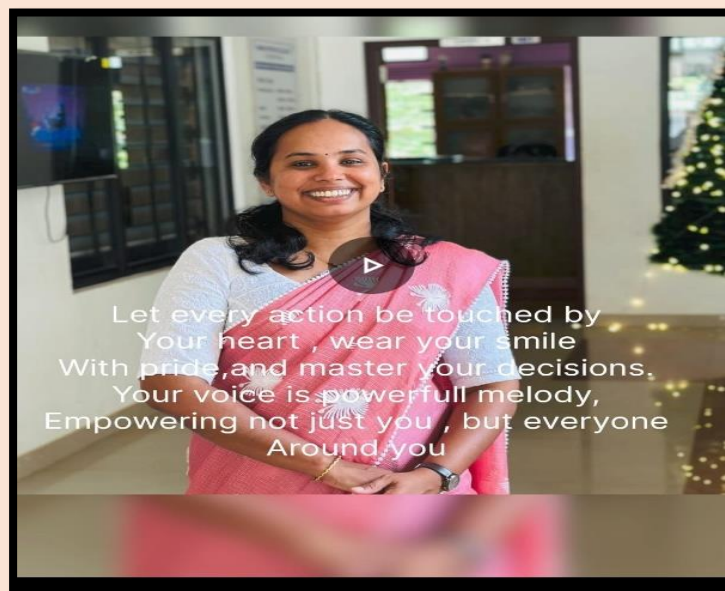
1. TRANSFERING OFFICIAL STATUS AND LEADERSHIP ROLES TO WOMEN ON CAMPUS TO ONE WEEK

On March 3, as part of Women's Week celebrations, Navajyothi initiated a program to transfer official status and leadership roles to women on campus for one week. The initiative was led by Principal Honey Johnson, Aiswarya S. as Director, and Vice Principal Mrs. Smrithi T.V., with all Head of Department positions temporarily assigned to female faculty. This effort aimed to empower women and highlight their leadership capabilities.



❖ Women in Navajyothi

On March 4, 2025, the video "Women in Navajyothi" was released during Women's Week, showcasing messages of women's empowerment and highlighting the achievements of women in the community. Featuring testimonials that emphasized resilience and the fight for gender equality, the video sparked discussions on women's issues and inspired viewers to promote equality. Overall, it successfully raised awareness and fostered a supportive environment for women's empowerment, marking a significant highlight of the celebrations



❖ Gift Distribution

On March ,5 2025, a gift distribution event was organized for all women on campus to appreciate and honour their contributions in various roles, including students, faculty, and staff. The initiative successfully distributed over 190 gifts. This thoughtful gesture fostered a sense of community and uplifted the spirits of all participants, reinforcing the importance of recognizing and celebrating the efforts of women within the campus environment



III.COMMUNITY INTERVENTION WING

Medical Camp

On November 13, an eye care medical camp was held at St. Sebastian's Hospital, supported by five student volunteers from the Women Cell. They assisted with patient registration, aided medical staff during examinations, and conducted awareness sessions on eye health. The camp served over 150 community members, highlighting the importance of regular eye check-ups and fostering volunteerism among students while demonstrating their commitment to community health

